

ASTRAL PROJECTION Pt. 3: OCCULT ROOTS, DEMONIZED, FREQUENCIES

John Ramirez was a devil worshiper for 25 years. He had worked up to what he says is the highest rank in satan's hierarchy. He is a Christian now and shares about his experiences. I have heard John speak about different things and I'm not sure why he is not aware that The Roman Catholic Church is a false religion and why I have not heard him speak against pagan holidays. Those things puzzle me so I think he may be a shill that they are using to get truth out or he can't handle the flack he'd get from speaking against those things.

*Please play this video. Let's listen to John Ramirez sharing about astral projecting. STOP

Did you astral project? Oh yeah. It's a contract with a demon. So when I astral project I'm being guided and led by a demon that I have a contract with to astral project. It was two incidents that I astral projected to a neighborhood and when I was coming down to the neighborhood to curse. There were these funny looking people in a circle and holding hands. And I know they were Christians because they had ugly clothes. (joke) They were holding hands and praying in The Spirit. So I was not able to curse that neighborhood because they would chase me out. Probably in my 25 years of devil worshiping I astral projected probably about 15 years. And I lost 2 battles to those Christians. That I had to come back into my body and go back another day. Because they had fire power, they know how to pray. They know how to face things in the demonic, in The Spirit. That I couldn't touch that neighborhood. Because I astral projected to basically reinforce what was already there. When people astral project, the prayers of the righteous know how to separate the demon from the person. And the danger for the person is that they may not return back to their body.*(about 1 min)

<https://www.youtube.com/shorts/89t4WBrpjkE>

God has fire all around the righteous, those that are His and walk right with Him. He openly talks about how astral projection is done through demonic power.

Because he served knowingly served on satan's altar, he knows better how the spirit realm works. So he understood that he had a contract with that demon to do what he was doing. He said if the demon gets separated from the person, the person might not be able to make it back to their body. He was going on missions in the astral realm for satan's kingdom. He was openly working with demons in the astral realm. satan has a military just like God does. His military consists of demons and witches.

I believe initially for some of those that just want to have a fun experience, they may not be aware of witches and demons in the astral plane. But I do believe sooner or later they will come head to head with them. They may think even after hearing what John said that they are doing this all by themselves but they aren't. I've heard several people who astral projected talk about feeling the vibrations before they leave their body, Rauni spoke of this. Those vibrations are the demon at work lifting your soul out of your body. Witches are powerless without a demon, that's how astral projection is done, through the power of a demon.

The people who are astral projecting are doing occult things like visualization, meditation, listening to meditative music, focusing or harnessing their energy, trying to achieve a trance like state, hypnosis, rituals, chants and spells etc. – all in an attempt to separate the soul from the body. These techniques are rooted in the occult. No one is astral projecting without the help of a demon. The fastest way to get demons into your life is to do occult things or have occult things in your possession.

Origins and Religious Context

- **Ancient Roots:** Concepts of a separable subtle or spiritual body appear in ancient Hindu texts, Zoroastrianism, and various worldwide shamanic traditions.  YouTube · Asangoham +2
- **Mystery Schools:** Doctrines regarding soul journeys through celestial spheres were common in Hermetic, Neoplatonist, and Gnostic mystery-schools throughout the Roman Empire.  Wikipedia
- **Theosophy:** The modern term and formal framework for the "astral body" and "astral planes" were popularized in the late 19th century by [Theosophy](#), an occult movement influenced by Eastern philosophies.  Wikipedia +2

Ancient roots: Concepts of a separable subtle or spiritual body appear in ancient Hindu texts, Zoroastrianism, and various worldwide shamanic traditions.

Mystery Schools: Doctrines regarding soul journeys through celestial spheres were common in Hermetic, Neoplatonist, and Gnostic mystery – schools throughout the Roman Empire.

Theosophy: The modern term and formal framework for the “astral body” and “astral planes” were popularized in the late 19th century by Theosophy, an occult movement influenced by Eastern philosophies.

When you hear the word philosophy, remember that the Bible warns us against human philosophies that contradict the teachings of Christ. **(Col.2:8)**

Madame Helena Blavatsky, co-founder of the Theosophical Society, popularized the concept of astral projection by framing it as a natural, higher faculty of a multidimensional human soul rather than a supernatural miracle. 



Annie Besant taught that astral travel happens naturally during sleep when the consciousness leaves the physical body while still wearing the astral body.  Medium · David A. Mayen



Aleister Crowley called astral projection traveling in the "Body of Light," viewing it as a core magical practice for spiritual exploration and self-mastery.  Wikipedia +1



These occultists were all born in the 1800's. They were major influencers of the occult for satan's kingdom.

Madame Blavatsky, co-founder of the Theosophical Society, popularized the concept of astral projection by framing it as a natural, higher faculty of a multidimensional human soul rather than a supernatural miracle.

Annie Besant taught that astral travel happens naturally during sleep when the consciousness leaves the physical body while still wearing the astral body. *Of course I do not agree with this. It does not happen naturally.*

Aleister Crowley called astral projection traveling in the "Body of Light," viewing it as a core magical practice for spiritual exploration and self-mastery.

The following is about the dangers of astral work in Thelema. Thelema is an occult religion founded by Crowley.

Psychic Bleeding and Vital Exhaustion: Operating the "Body of Light" requires immense mental energy and concentration. If a practitioner does not properly fortify themselves using banishing rituals (like the Lesser Banishing Ritual of the

Pentagram), they may return to normal consciousness feeling physically depleted, anxious or mentally ungrounded.

They make no secret of openly revealing that this is of the occult. They are revealing that you may come back to your body and basically not be yourself.

Loss of Objective Reality (Psychosis): In extreme cases, if a magician's mental foundation is weak, the boundary between everyday reality and the astral plane can blur. This can lead to paranoia, dissociation, or a total inability to function in the material world – a state Crowley warned against as a failure of basic magical discipline.

So you can go insane from astral projecting. That is because it is against God and demons are behind it.

While many entities are projections of the subconscious, Thelema recognizes objective forces or highly chaotic sub-elements of the mind that can act maliciously. These entities can deceive, terrify, or attempt to siphon the practitioner's energy if the magician cannot command them using proper magical formulas and words of power.

They called these "hostile astral entities" online. They are not calling them demons because they don't want to scare anyone away, but these hostile astral entities are demons. You may not encounter a demon the first time you astral project. They are there staying in the background. The goal is to get you deeper and deeper into occult things. Eventually they will manifest and work against you.

again. The "energy balloon", which sets up a pattern very reminiscent of the cosmic egg discussed earlier, not only enhances bodily energy flow and encourages early achievement of a suitable resonant state but it is also designed to provide protection against conscious entities possessing lower energy levels which the participant might encounter in the event that he achieves an out-of-body, state. It serves a precautionary purpose in the unlikely event that the participant's first out-of-body experience involves direct projection outside the terrestrial sphere.

This is an excerpt from the declassified CIA document on Project Gateway or The Gateway Process. The "energy balloon", which sets up a pattern very reminiscent of the cosmic egg discussed earlier, not only enhances bodily energy flow and

encourages early achievement of a suitable resonant state but it is also designed to provide protection against conscious entities possessing lower energy levels which the participant might encounter in the event that he achieves an out-of-body, state. It serves a precautionary purpose in the unlikely event that the participant's first out-of-body experience involves direct projection outside the terrestrial sphere.

The part I wanted to capture here was that they mention this energy balloon they were teaching their agents to create that was supposed to help in protecting them against entities possessing lower energy levels. They do not state who or what these entities are. In fact, our government has not been forth coming about the fact that they've been working with fallen angels for years. We are only hearing it through the grapevine, through declassified documents and seeing it on sci-fi presented to us as fiction or fantasy when that is actually their way of showing us truth. William Cooper and Phil Schneider are two that certainly spoke out about it. The UFO community certainly has its quacks to discredit it but there are enough people that know truth and attend the conferences and speak out and the government tracks the truth. Like Rauni said, the U.S. government is running a disinfo campaign on America. So we see the idea that astral projection might not be safe mentioned even in government documents.

Mental Barriers to Success

Lack of Visualization and Concentration: The first major barrier is a poorly trained mind. If a practitioner cannot hold a single image perfectly still in their mind's eye for extended periods, their astral body will be weak, erratic and incapable of rising past the lowest, most chaotic layers of the astral plane.

Look at that, this is from research on Thelema and they mention the same thing we just read from the government document. They are saying the lowest levels are chaotic. This seems like what the government said about the entities possessing lower energy levels.

The idea of being on different frequencies or in different dimensions is coming from astral travel. Those that are traveling in the spirit realm are coming up with all of this. When you are in New Age and occult things, you really work on the mind, on focus and concentration. You do all sorts of things to open your mind and train it in occult things.

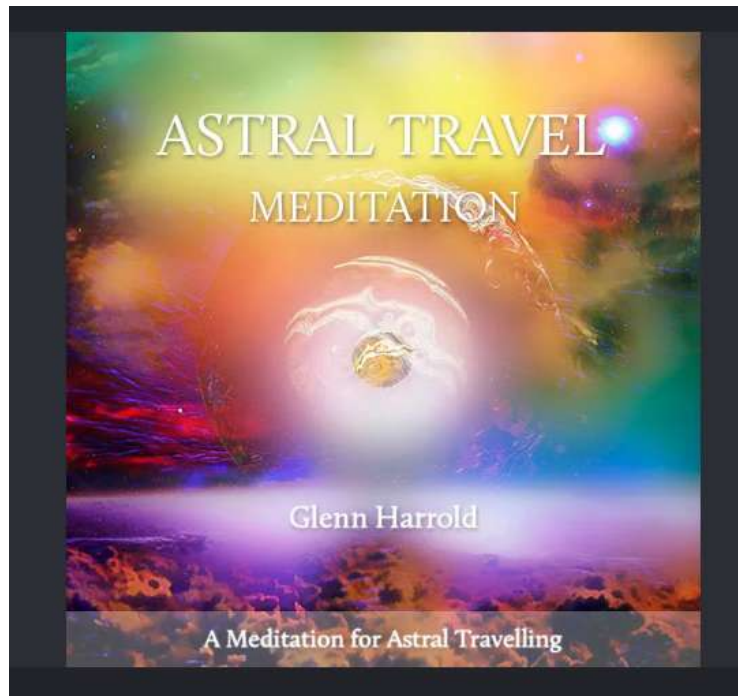
1 Peter 5:8-9 - Be sober, be vigilant; because your adversary the devil, as a roaring lion, walketh about, seeking whom he may devour: Whom resist stedfast in the faith, knowing that the same afflictions are accomplished in your brethren that are in the world.

When Scripture tells us to be sober it means to be alert and watchful it is talking about spiritual sobriety, to have clear judgment. We are to be led by The Holy Spirit, live in obedience to God's Word and keep our prayer life current. This is what will help you guard against satan. satan is using astral projection as a temptation to lure you away from God. We've heard what seems like fun and exhilarating experiences from people who have astral projected. If you aren't careful you can think, well I want that too, I want to have some fun. But remember satan is using deception through astral projection. Remember Rauni saw a fake Jesus on the astral plane. I was listening to Karla Turner sharing about one families experience with aliens - demons trying to abduct them. Because they were religious, in the middle of the whole thing a fake Jesus showed up telling them it was ok, the aliens were with him, go with them. When you enter the astral plane unauthorized, you will encounter all sorts of deception, what you see and the beings you encounter, they are not what they seem.

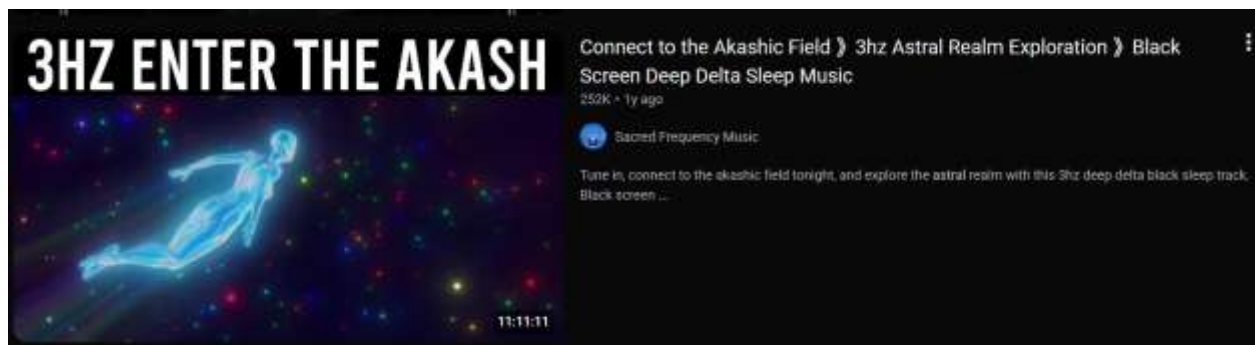
Back to the research of astral projection in Thelema:

Fear and The Threshold Guardian: As the magician attempts to leave the physical body or rise to higher planes, the subconscious mind often generates intense fear, a sense of dying, or terrifying imagery. This is often conceptualized as the "Guardian of the Threshold" – a personification of the practitioner's own unexamined fears and evolutionary survival instincts blocking progress.

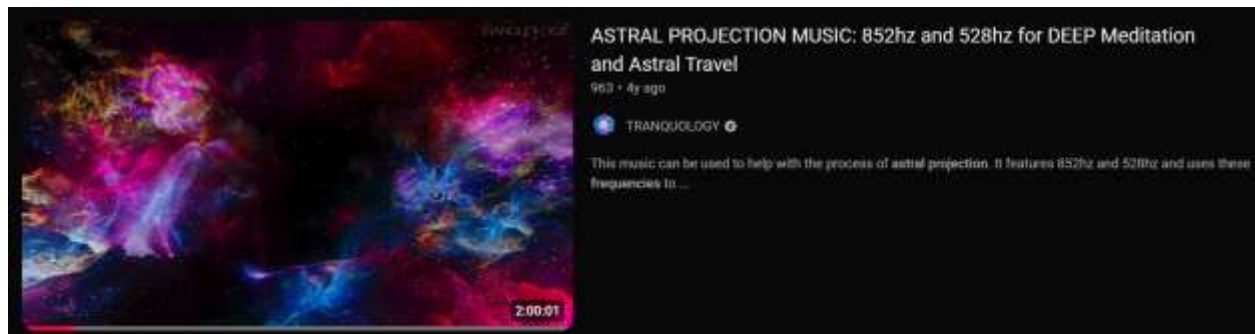
God has put natural instinct in us to know this is wrong. That's why they have to do so much work on the mind and rituals and meditations to even do this in the first place.



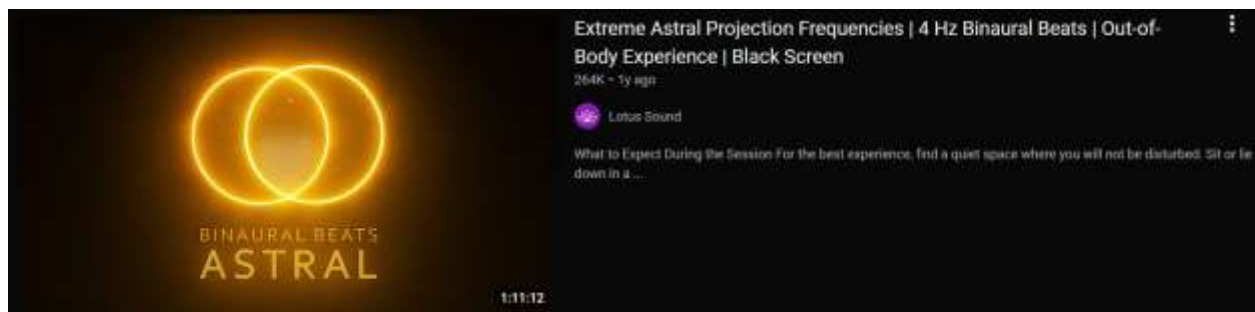
Astral Travel Meditation – by Glenn Harrold – A meditation for astral travelling.
This stuff is all over the internet.



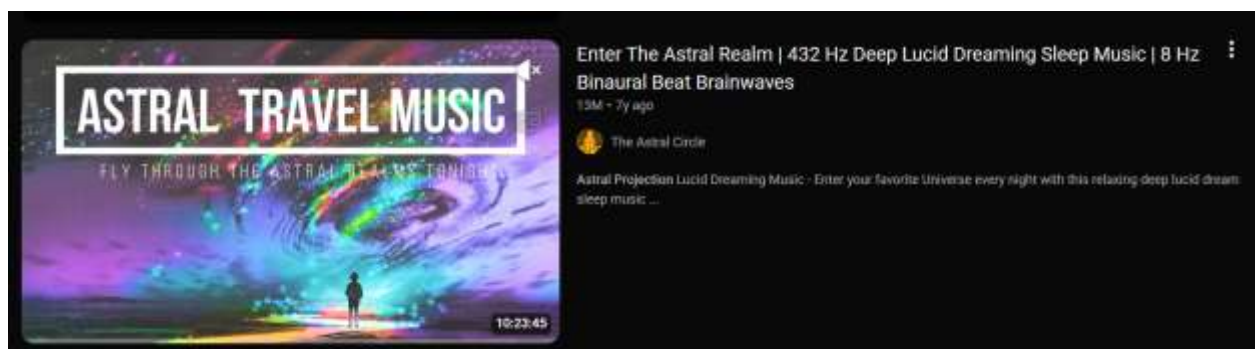
3HZ Enter the Akash – Connect to the Akashic Field – 3 HZ astral realm exploration – black screen deep delta sleep music. Look at the New Age number length of the video: 11:11:11 – That’s an extremely long time.



Astral Projection Music – 852Hz and 528 Hz for DEEP meditation and astral travel



Binaural beats astral – Extreme astral projection frequencies – 4 Hz Binaural Beats – Out of Body Experience – Black Screen



Astral travel music – fly through the astral realms tonight – Enter The Astral Realm – 432 Hz Deep Lucid Dreaming Sleep Music – 8 Hz Binaural Beat Brainwaves.
Astral Projection Lucid Dreaming music – enter your favorite Universe every night with this relaxing deep lucid dream sleep music



Astral Projection Hypnosis for Beginners –

Frequencies are being used to help get the soul out of the body. Just these videos alone mentioned 3 HZ, 852 HZ, 528 HZ, 4 HZ, 432 HZ and 8 HZ.

AI said that frequencies, particularly binaural beats, can help facilitate astral travel by altering brainwave states, promoting relaxation, and enhancing meditative experiences. These altered states can make it easier to enter the deep relaxation needed for astral projection. All of this is purposely messing with your mind, trying to alter your brain waves. It is not of God. Remember God's Word that we just read said we are to be sober minded, vigilant and watchful. Tricking and altering your brainwaves is not being sober minded.

Government paid for scientists and our military have been heavily studying occultic things for years. They have been studying deep into the occult just like Hitler's regime did. They have studied mind control and the brain inside and out. They know it thoroughly. They have been playing around with frequencies and exploring what they can achieve through the use of them. They've been using frequencies to intrude into our thoughts for a while now. They have patented technology they use to send thoughts to us and retrieve our thoughts. I believe I shared that back in the Mind Control sermons I did. AT&T holds one patent on that technology. What they did out at Montauk also bore witness to this. All of the research they've done on the brain is used in weaponry against us. They may give us a few beneficial inventions but behind the scenes they have way more that they are using against us.

Targeted Brain States and Effects

Different frequencies match different natural brainwave states, each linked to specific mental outcomes:  Lone Star Neurology

- **Delta (1–4 Hz):** Linked to deep sleep and physical recovery.
- **Theta (4–8 Hz):** Linked to deep relaxation, meditation, and memory consolidation.
- **Alpha (8–13 Hz):** Linked to relaxed alertness, reduced anxiety, and calm focus.
- **Beta (13–30 Hz):** Linked to active concentration, problem-solving, and alertness.
- **Gamma (30+ Hz):** Linked to high-level cognition and heightened focus.  WebMD +5

Targeted Brain States and Effects

Different frequencies match different natural brainwave states, each linked to specific mental outcomes: Lone Star Neurology

Delta (1-4 Hz): Linked to deep sleep and physical recovery.

Theta (4-8 Hz): Linked to deep relaxation, meditation, and memory consolidation.

Alpha (8-13 Hz): Linked to relaxed alertness, reduced anxiety, and calm focus.

Beta (13-30 Hz): Linked to active concentration, problem-solving, and alertness.

Gamma (30+ Hz): Linked to high-level cognition and heightened focus.

Some of those frequencies on those meditative videos were way beyond anything listed here and many of them tell you it has binaural beats, that's because people are willingly seeking to alter their brainwaves to achieve supernatural encounters.

Be careful what you put into your ear gates, what you listen to. Meditative music has an ulterior motive, doing things to the brain you aren't even aware of. Learning these things makes me leery of the sound machines we put in babies rooms and that people use to go to sleep with these days.

If anyone says it was easy for them to do it the first time, it is because they had already opened plenty of spiritual doors to satan's kingdom in their lives. The

deeper you are into New Age and into occultic things the easier things like this will be because you are already connected with demons who are at work in your life. Let's take Rauni for example, she had read books about it and she said the first time she tried to get out of her body it was easy. That's because she had done enough wicked things against God that the demons were already working easily with her and when she began to focus and think that she wanted out of her body, the demons were right there to help her get out of her body. Astral projection is done through demonic power.

God did not design our soul to separate from our physical body. Purposely trying to force it out is against God. I know the occult has studied soul capture and they know how to torture a person to the point that in order to escape the pain the person will take their soul out of their body. Ms. Joy had shared some experiences like this from when she was being tortured. That is not the circumstance I'm talking about here. I'm talking about those who are doing this of their own free will. But remember the government and military do know how to get a person's soul out of their body. Savali was born into luciferianism and through mind control was living a double life and she had to completely abandon her family to get out of it. They would cue her at night by a phone call and her whole family would drive in the dark to the militant camp site to practice military exercises and reinforce mind control. In an interview they asked her if the luciferians, illuminati astral project. She said, oh yes, they do it all the time. She said they also do what is called psychic fighting – where they astral project and with their soul energy are fighting against each other. They asked if these wicked people live on in different bodies. She said they certainly do. That's what they've shown us in the movies, body snatching. They know how to take someone else's soul out and go into their bodies and take it over or just use a cloned body. They have perfected many techniques to try and live forever without God. What I want you to get a hold of is the luciferians which is our government at high levels, our military at high levels, they know all this stuff and they do all this stuff. The wickedest programs and projects never end. They use the propaganda that the program ended just for our benefit.

Rauni said many times those who astral project are asked if they'd like to stay there in that realm of bliss and wonderfulness. We know God isn't the one making this offer. It is deception of the devil. So the person who takes the deal will have their silver cord cut in order to stay there. That means they die and they think they will just get to be there enjoying this beautiful and peaceful place. But it is a deception of the devil, it's like a mirage. I would not risk being in hell because I voluntarily on purpose astral projected outside the will of God. Anything can happen in Satan's realm and be sure the realm you will enter is a realm where he and his agents are freely working.

Ezekiel 18:4 - Behold, all souls are Mine; as the soul of the father, so also the soul of the son is Mine: the soul that sinneth, it shall die.

God was saying the children would not be punished for the father's sins, but the one who commits the sin or continues in a sinful life, that's the soul that would die. This contradicts something Rauni believed. In many of her interviews and lectures she kept saying that we don't die. She would repeat what Einstein said about energy never disappearing but just changing form. God only calls righteous souls - living, the souls of the wicked will be sent to eternal damnation, God calls those souls dead. Because they are in eternal torment and did not love God or obey Him and under the New Covenant, they did not love Jesus or obey Him.

It's interesting that she kept saying we never die, she understood that the soul lives on even without a body but she did not know God's Word.

Revelation 2:10-11 – Fear none of those things which thou shalt suffer: behold, the devil shall cast *some* of you into prison, that ye may be tried; and ye shall have tribulation ten days: be thou faithful unto death, and I will give thee a crown of life. He that hath an ear, let him hear what the Spirit saith unto the churches; He that overcometh shall not be hurt of the second death.

Overcomers are those who remain identified with Christ through faith, refusing to renounce Him under pressure. Smyrna's believers faced imprisonment, poverty, slander, and the possibility of martyrdom, yet Christ called them to faithfulness

unto death. Their victory did not rest in personal strength but in the triumph of Jesus Christ, who conquered sin, death, and Satan.

Revelation 21:8 – But the fearful, and unbelieving, and the abominable, and murderers, and whoremongers, and sorcerers, and idolaters, and all liars, shall have their part in the lake which burneth with fire and brimstone: which is the second death.

The second death is the final judgment in the lake of fire, reserved for the unrepentant and unbelieving. Astral projecting is a part of witchcraft. Witchcraft and sorcery are interchangeable in Scripture. We just read that sorcerers will be thrown into the lake of fire. This is your warning and warning to the church – do not astral project or do things against God's will that can cause you to be thrown into the lake of fire.

John 8:51 – (Jesus speaking) Verily, verily, I say unto you, If a man keep My saying, he shall never see death.

Jesus is saying that if we obey His Word, God's Word that we will never die. He is not talking about our physical bodies. Everyone's physical body will die eventually unless you live to the rapture. But He is talking about our soul. The soul never dies.

Rauni kept saying time and again that we never die. It amazes me that she could understand that but did not follow it through to understand that our soul goes to one of two places, heaven or hell and eventually the lake of fire for those that choose hell. Only heaven is considered life, the lake of fire is considered death for those souls that will go there and be tormented for all of eternity.

When your physical body dies, you will go to one of two places. The abode of the blessed or the abode of the damned. You don't just get to zoom around and do whatever you want out in the astral realm. God will contain the souls of the damned, those who reject Christ, it isn't going to be a big fun party all the time.

Donald Marshall was talking about this kind of stuff. He was saying once he hit REM sleep they were triggering his consciousness (his soul) out of his body and

into the cloning center where it went into his clone there. Then they tortured the clone body and because he said he felt it then his soul must have been able to feel what was happening to the clone body he was in. He said when his actual body began to wake up then the consciousness would leave the clone and the clone would just drop limp wherever it was and the people who worked at the cloning center would have to come get the clone and put it back on the storage rack.

In my research I heard some preachers say that you naturally astral project every night when you go to sleep. That's a lie. I heard a woman speaking at what seemed to be a church telling them how to astral project, saying that when you go to sleep at night you surround yourself with the white light of The Holy Spirit and then you go out. That's another lie. These people have infiltrated churches and are boldly teaching witchcraft practices.

People want to have these supernatural experiences. If you dress it up as if it is from God most Christians won't even question it. I know someone who went to a church that taught New Age and when I tried to warn her she just said, you don't understand. I'm sure she is doing and teaching these things by now.

I know a man, he's dead now, but he got wrapped up in ungodly things but still thought he was a Christian and he thought he was being taken to heaven every night. He thought he sat on Jesus' horse. He was deceived and had opened himself up to demons by working with a woman who claimed to be a Christian but was working in the paranormal.

I heard a guy say we astral project naturally whether we remember it or not. That's a lie.

CLOSING

It is very important to live in obedience to God's Word so that you have His full protection and blessing on your life. Plead the blood of Jesus over your heart, mind, soul and spirit – completely over your life physically and spiritually over all that pertains to you. Stay in God's Word so you will not be deceived by New Age and occult things.

PRAYER

The power Christians have against astral

<https://www.youtube.com/shorts/89t4WBrpjkE>

<https://www.cia.gov/readingroom/docs/cia-rdp96-00788r001700210016-5.pdf>