

# NEW AGE Pt.8: TRANSCENDENTAL MEDITATION, MEDITATION, MANTRAS

I'm going to continue talking about meditation today. It is a huge part of the New Age.

The varying types of meditation are sold to New Agers as a way to relax or de-stress. While meditating they are focusing on something that has nothing to do with Scripture nothing to do with God. In New Age meditation you clear your mind or open your mind. What you focus on is a mantra, or a sound, or beathing etc.

Research:

Long ago, way before the Age of Awakening, I was involved in the Transcendental Meditation program. It didn't take long after my INITATION – 47 years ago, plus 2 days - before I was taking advanced courses. Well more than a year of my life was spent doing courses personally at the feet of Maharishi Mahesh Yogi, and I also attended plenty more TM "Residence Courses" without him.

Every TM retreat highlighted something called "rounding". Maharishi had us do this sequence:

Rounding is where you meditate for a given amount of time, then switch to asanas (yoga stretches and poses) with mantras and pranayamas (practiced breathing techniques). All of this is Hinduism.

I wanted you to notice this woman said she was initiated and then began taking advanced courses. Lucifer is all about initiation, making sure he has that legal ground established so that he can come in and tear you down.

The lady said Russell Brand, Oprah, Madonna, Demi Moore, Jennifer Aniston, Cameron Diaz, Clint Eastwood and Hugh Jackman were singing its praises and so she was curious to know more.



Top L to R: Tom Cruise and Russell Brand, Oprah, Jennifer Anniston Bottom L to R: Demi Moore, Hugh Jackman and Russel Brand. These people right here influenced this woman to get into satanic meditation. They are all throwing up devil horns, 666's, flashing the all seeing eye of lucifer and Russell Brand is even sporting a 33<sup>rd</sup> degree tattoo.



Top L: Jennifer Anniston, R: Madonna Bottom L: Cameron Diaz and R: Clint Eastwood. Here again, the 666's, all seeing eye of lucifer or the antichrist with one eye darkened and devil horns. The tv persona are being idolized by the public. satan uses them for his agenda.

Back to the research: What happened? First, there was a short gratitude ceremony, called a puja, to honor the ancient roots of transcendental meditation and its teachers. Then the one on one sessions began. I stood before an altar adorned with offerings of flowers, fruit, incense and candles, and I promised to surrender expectation and remain open to this new experience. Colin begins chanting a two-syllable Sanskrit mantra to me, that I 'receive' by chanting the same thing. This soothing primordial hum carries a vibration that encourages deep meditation. Colin then asked me to sit comfortably in a chair, feet on the floor, eyes closed, hands in lap, and mentally repeat my mantra over and over for 20 minutes. "When thoughts arise, don't resist them or attempt to clear your mind, but simply allow them to be, and return your attention to the mantra effortlessly", was his advice. I felt myself sinking into a deep state of relaxation and although I was aware of noises around me, nothing penetrated the bubble of stillness shrouding me. Twenty minutes flew past and I emerged feeling drowsy yet alert, which Colin told me was a natural response to the body releasing stress. Finally I held out my hands to receive items from the altar: a carnation flower, which represents the blossoming of my full potential, an apple, symbolizing fulfillment, and a white cotton handkerchief, for purity. After just one session I feel sure that this effortless meditation is for me.

puja, also spelled pooja or poojah, in Hinduism, **ceremonial worship, ranging from brief daily rites in the home to elaborate temple rituals**. The word puja is derived from the Dravidian pu ("flower"). In its simplest form, puja usually consists of making an offering of flowers or fruit to an image of a god.

<https://www.britannica.com> > ... > Religious Beliefs

[puja | Hinduism - Encyclopedia Britannica](#)



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Remember Walle said he paid his fee, brought his offering – his fruit and a white handkerchief. In some of my research the person is told to bring flowers, fruit and a white handkerchief. They are all paying for these courses.

These New Age programs are ways for satan to profit off of people because all of these teachings cost money in some way or another. Whether you buy a book, or a video or sign up for a class, a seminar, a program, some coaching, some healing a retreat, a session etc. or you pay to learn so that you can then teach it to others. This is profit driven. So satan is deceiving people through these false practices and programs and he is profiting all the way to the bank.

Back to Research:

According to the TM website, the personal instruction session takes 1-2 hours, and students are required to bring a clean handkerchief, some flowers and fruit, and their course fee. The INITATION begins with a short puja ceremony performed by the teacher. The stated purpose of the ceremony is to show honor and gratitude to the lineage of TM “masters”, or “Holy Tradition” that is listed in the Maharishi’s translation and commentary of the Bhagavad-Gita. It is regarded as putting students in the right frame of mind to receive the mantra. The ceremony is conducted in a private room with a “little” white altar containing incense, camphor, rice, flowers and a picture of Maharishi’s teacher, Guru Dev. The initiate observes passively as the teacher recites a text in Sanskrit. After the ceremony, the “meditators” are “invited to bow”, receive their mantra and begin to meditate.

I ran across some interesting information regarding this puja ceremony. One person online was concerned that this was a religious ceremony and they do not believe in God. They did not want to participate in anything religious. Other people were quickly letting them know that they weren’t participating that they

were only observing the ceremony of the yogi honoring his mentor. That is a lie. Listen to this research:

What Are They Hiding?

The puja translation as supplied by the TM organization to the U.S. District Court (Civil Action No. 76-341).

Meaning Of the Puja, TM's Initiation Ceremony:

Ask pre-1970 TM Teachers, and they'll tell you that the Maharishi *severely* changed his story about the TM Puja when he began claiming that the TM initiates did not participate in the Hindu Puja.

**\*\*They will say anything just to get you on board with these demonic practices and make money off of you. Whatever sounds good to you and to deceive you. They don't care.\*\***

Old SRM teachers were instructed in the secret reasons why TM students are **required** to bring fruit, flowers, and handkerchiefs to the Hindu initiation ceremony -- which is what the TM Puja is.

**\*\*Remember when Walle questioned them, he said, I kinda believe in the Bible too, I have a Bible in my room ...And they told him it was perfectly fine to still believe in the God of the Bible and do this kind of thing. They will say anything just to deceive you and get your money.\*\***

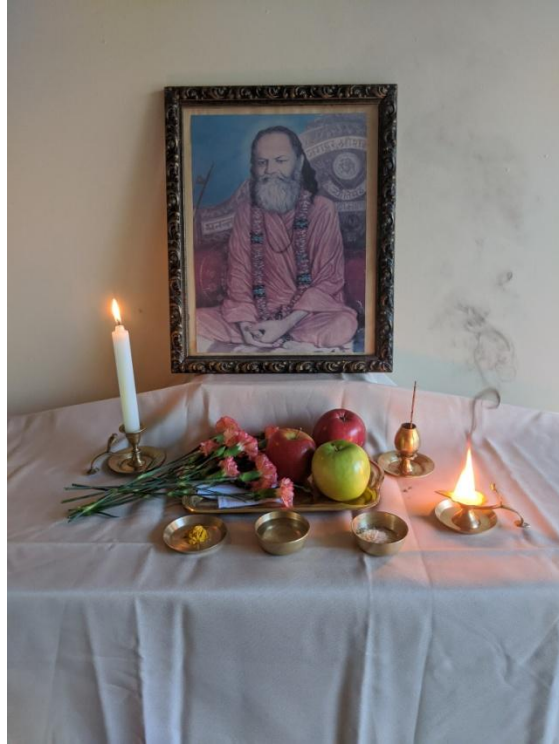
The white cloth stands for the offering of the soul of the initiate, the flower for the blossoming of the lord's presence in the initiate's heart. \*That is not the Lord Jesus Christ, but a Hindu deity.\* And the fruit for the offering of all the fruits of future actions -- literally all material wealth, success, happiness, and so forth.

The Puja -- as practiced in the TM movement -- is a religious ceremony meant to tie the soul of the initiate with Guru Dev, the Maharishi's long-dead teacher

Swami Brahmananda Saraswati, and ultimately to Maharishi as the true teacher/guru.



On the left you see the Beatles with Maharishi and behind him you see the picture of his guru. There are flowers all around and on the back shelf you can see some fruit. On the right is an elaborate altar which may be at the Maharishi University. This is worship plain and simple and it has nothing to do with Jesus. When you worship something that isn't Jesus, just like this, you are inviting the demonic in, you are opening a door for satan and the fallen angels to come into your life.



This looks like a home altar. The person is still lighting the candle, burning incense, they have their picture of the guru, there is rice being offered along with flowers, fruit and camphor.

The research continues: How did we ever believe the student was *not* involved in the ceremony? They are required to supply the major offerings -- the fruit, flowers, and handkerchief, they are required to hold a flower, they are required to be present, and they are asked to kneel or bow at the end.

If you were to stand in front of a Catholic altar, were required by the priest to bring sacrificial offerings, required to hold a palm frond while he recites prayers, and finally were asked to kneel down -- wouldn't you be a participant?

They also act like they are giving the initiate a very secretive and personal mantra.

Mantras are not meaningless sounds. They are the Names of Hindu gods.

What's Your Mantra Mean?

TM Mantra	Garland	Sastra	Tantra	Devata
ENG, EM, ENGA, EMA, AING, AIM, AINGA, AIMA (essentially the same bija mantra)	AIM	AIM	AIM	Saraswati, Devi of learning, music, speech, the fine arts
SHIRING, SHIRIM	SHREEM	S'RÍM	S'RÍM	Mahalakshmi or Lakshmi, Devi of wealth
HIRING, HIRIM	HREEM	HRÍM	HRÍM	Bhuvaneshvari, Mahamaya
KIRING, KIRIM	KREEM	KRÍM	KRÍM	Devi Kalika
SHYAM, SHYAMA				Krishna
RAM, SHRIRAM (RAM plus <u>SHRI</u> , see below)	RAM	RAM	RAM	Agni, Deva of Fire

What's your mantra mean? This site said these are the most common mantras given in the left column and how close in spelling and sound they are in TM, Garland, Sastra and Tantra meditation. The last column on the right shows what the mantra really means. These are Hindu gods and goddesses.

We saw tapes of Maharishi where he repeatedly explained that the sounds of the mantras, especially as one approaches transcendence, had the effect of summoning very refined "impulses of creative intelligence." In other tapes, he explained that the "impulses of creative intelligence" or "laws of nature" were



devas (Hindu deities) such as Indra, Agni, and so forth. He also explicitly said that in the proper state of consciousness, that repeating the name of "impulses of creative intelligence" in Sanskrit had the effect of creating or summoning the "form." They are calling on demons plain and simple. In the end, the demon manifest itself to Walle.

We are going to talk about mantras more later on in this series. This is part of the overlap I mentioned because everything in New Age is so tied together. Jesus told us not to chant as the pagans do. **(Matt.6:7)**

Finally, every TM teacher had to memorize and pass innumerable tests on the word-by-word vocabulary in the puja. So *every single TM teacher in the world* is well aware that the word "shri" means "glorious or self-effulgent," and "namah" means "I bow down."

So any TM teacher who tells you that they don't know that the advanced techniques mean "I bow down to the glorious [deva]" is lying to you. For instance, the technique "SHRI AING NAMAH" translates as "I bow down to the glorious AING [Saraswati]." Which I do not, I only bow to Jesus Christ.

So the participants in these different meditations are saying and chanting mantras which are actually names of fallen angels / Hindu deities. The first commandment God gave us was not to worship other gods. **(Exodus 20:3)** Jesus also stated that as the greatest commandment. **(Matt.23:36-38)**

We know the outcome or fruit that is produced from this type of meditation is that the person will be interacting directly with demons and will activate demonic energy and interaction directly on the inside of their bodies.

Walle said it was a type of natural high and it really got him in, hook-line-and-sinker. It is addictive. But remember he said he was scared and he knew if he didn't get out he was going to die.

**John 10:10** - The thief cometh not, but for to steal, and to kill, and to destroy: I am come that they might have life, and that they might have *it* more abundantly.

satan's ultimate goal is to tear you down, destroy you and kill you no matter how he has to do it or what it takes.

The person who wanted to do TM but did not want to do anything religious was told they could just get a mantra from online and do it that way. Here is a comment in regards to that.

3rhedkilor said: There is spiritual power that flows from the lineage going back to Maharishi and Guru Dev. This is NOT imagination and is a very real difference between merely using mantras found online and being initiated by a trained teacher. \*\*What this is, is worship and the spiritual power that flows from these guru's is a demonic anointing.\*\*

This is also the reason you bring an offering to your first lesson. It shows you VALUE the sacrifices these teachers and gurus made to help you grow on the spiritual path. Of course many people learn the technique to simply make them better happier more productive humans. The REAL benefit comes to the rare actual person who wishes to rise to the state of Self Realization. There are TM Yogis who aspire to real higher levels of expanded awareness. Of course the organization of TM wants to downplay these realities since most westerners are afraid of anything sounding metaphysical. They promote TM as a scientific technique that helps you more on the physical level which is fine of course. So don't be fooled into thinking you will have the same benefits from a mantra taken from a sceptic's internet list. You WON'T. \*\*Notice they repackage it however they think they can sell it to people. You don't like the metaphysical then it becomes just a physical level technique which is a total lie.\*\*

They continue: I learned TM in 1980 and back then it was \$ 35 for everything. I also visited and was enrolled at the university in IOWA (MIU) so I am aware of the community. Note that if you practice long enough the silence and peace gained becomes internalized and your nervous system becomes stronger. You can sit simply with intent to meditate and you can go into deep meditation effortlessly. \*\* Walle said, he could get into that bliss state easily after he'd done it for so long but he also said initially his mind was opening up and his consciousness but it was in a way that was making him irritable. And he said that by blocking out the

thoughts he was actually creating a vacuum and that led to all sorts of racing thoughts. \*\*

They ended with this: Note also that when you start it will sometimes be hard to meditate because the mind has been uncontrolled for so long. It's like stopping a running racehorse since the horse has momentum it takes time to slow it down. \*\*These meditative practices, not just TM, but all of them are messing with the mind. Manipulating the mind.\*\*

Simone shared with me that one of her teachers and mentors in the New Age used to say "there is nothing more powerful than a trained mind."

I will tell you what is more powerful:

**1 Cor.2:16** - For who hath known the mind of the Lord, that he may instruct Him? But we have the mind of Christ.

Those of us who are saved and baptized into The Holy Spirit, we have the Spirit of Christ, the Holy Spirit and therefore we have the mind of Christ.

## **CLOSING**

Let's take a look at what state God tells us to keep our minds in.

**1 Peter 5:8-9** - Be sober, be vigilant; because your adversary the devil, as a roaring lion, walketh about, seeking whom he may devour: Whom resist stedfast in the faith, knowing that the same afflictions are accomplished in (against) your brethren that are in the world (all over the world).

To be sober in KJ language was to have your reasoning skills in tact, to have your wits about you, your faculties in tact, to be clear minded. The Bible tells us time and time again to be in this state of mind. **(1 Peter 1:13 & 4:7, Titus 2:6 & 12, 1 Tim.3:2, 1 Thess.5:6, Rom.12:3)**

**2 Tim.1:7** - For God hath not given us the spirit of fear; but of power, and of love, and of a sound mind.

God never wants us to manipulate our minds.

If the devil can get a hold of your mind, he's got you. God gave us a sound mind. These meditation techniques, all of them, are teaching mind manipulation. Some involve focusing on a sound, some involve the person focusing on their mantra, some involve breathing techniques. But they all involve opening your mind, clearing your mind, controlling and manipulating your mind and this will open you up to interaction with the fallen angels. So by clearing and opening your mind you are making it a doorway for satan and the fallen angels to come in.

## **PRAYER**

<http://minet.org/www.trancenet.net/secrets/mantras.shtml>

<http://minet.org/www.trancenet.net/law/nj/nj5.html>

<http://minet.org/www.trancenet.net/secrets/puja/alternate.shtml>

Civil Action No. 76-341

<https://www.tmdeception.com/what-are-they-hiding>

Outcome of Civil Action No. 76-341 Case

<https://globalfreedomofexpression.columbia.edu/cases/malnak-v-yogi/#:~:text=Case%20Summary%20and%20Outcome&text=The%20Court%2C%20Using%20the%20three,upheld%20the%20lower%20court's%20injunction.>